



Unit 5 | lesson 5

Phrases to know

When you feel a terrible pain in your head, you can say:

I **have** a headache. = Ik **heb** hoofdpijn.

He / she **has** a headache. = Hij / zij **heeft** hoofdpijn.

When you have a pain in your leg, you can say:

His / her leg **hurts**. = Zijn / haar been **doet pijn**.

The nurse says:

Your leg **is broken**.

Your shoulder **is twisted**.

You **have hurt** your head.

You say:

I **have broken** my leg.

I **have twisted** my shoulder.

I **have hurt** my head.

Or normally when you speak:

I've **broken** my leg.

I've **twisted** my shoulder.

I've **hurt** my head.

My leg hurts because I fell off my bike.

Your feet hurt when **you** walk too much.

His heartbeat is high because **he** has done too much running.

Her arm is broken and **she** is taken to hospital.

Nice to know

First aid at school: If children have hurt themselves at school, they tell a teacher. Schools have a 'First Aid' or 'Medical' room where children can go for help or to get a plaster cast. If someone is seriously hurt, the teacher might have to call a doctor or an ambulance.

Words to know

a bandage	een verband
a five-car	kettingbotsing
collision	met vijf auto's
a stomach ache	buikpijn
a headache	hoofdpijn
accident	ongeluk



ankle	enkel
bad	slecht
bite wounds	bijtwenden
chest	borst
chickenpox	waterpokken
disease	ziekte
fever	koorts
flu	griep



healthy	gezond
heart	hart
hospital	ziekenhuis
illness	ziekte
injured	gewond
lungs	longen
medicine	medicijn

mumps	de bof
operation	operatie
plaster cast	gips



shoulder	schouder
skeleton	skelet
spots	vlekken
stomach ache	buikpijn
temperature	temperatuur
the dentist	de tandarts
the sore spot	de zere plek
tired	moe
to blow your	je neus snuiten
nose	
to break a bone	een bot breken
to breathe	ademen
to cough	hoesten



to feel sick	niet lekker voelen
to have a cold	verkouden zijn
to hurt	pijn doen
twisted	verdraaid
victim	slachtoffer